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# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>Praxis Community Projects</b>	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? <b>Tower Hamlets</b>	
Contact person: <b>Ms Sally Daghlian</b>	Position: <b>Chief Executive</b>
Website: <b>http://www.praxis.org.uk</b>	
Legal status of organisation: <b>Registered Charity</b>	Charity, Charitable Incorporated Company or company number: <b>1078945</b>
When was your organisation established? <b>06/05/1983</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Making London Safer</b>		
Which of the programme outcome(s) does your application aim to achieve? <b>More survivors of trafficking accessing quality specialist support to improve their safety, health and well-being and to beginning to reintegrate into society</b> <b>More survivors of domestic violence accessing good quality support services that help them to improve their safety, health and well-being</b>		
Please describe the purpose of your funding request in one sentence. <b>To provide specialist one-to-one advice, casework and support to London-based migrant and refugee women clients who have survived/experienced trafficking and/or gender-based violence.</b>		
When will the funding be required? <b>16/02/2015</b>		
How much funding are you requesting?		
Year 1: <del>£49,396</del> 57,509	Year 2: <del>£49,195</del> 58,119	Year 3: <del>£57,515</del> 66,018
<b>Total: £156,105</b> 181,646.		

**Aims of your organisation:**

Praxis is a charity with 30 years experience of working with vulnerable migrants and their families in London. We work to secure the fundamental rights of, amongst others, refugees, asylum seekers, survivors of human trafficking and gender-based violence, foreign national offenders, unaccompanied young people fleeing conflict, those exploited in work, and destitute homeless migrants and their families. Through a range of targeted interventions and activities, we aim to move vulnerable migrants away from a point of crisis, isolation and destitution towards safety, security, and the means to secure their own livelihoods, health and social well-being.

Our mission is to be with displaced communities, listening and acting through our common humanity to create and nurture reconciliation, human rights and social justice.

**Main activities of your organisation:**

Praxis operates an open access advice centre, providing immigration-, housing- and welfare-related advice to vulnerable migrants and their families. We also deliver group activities, training and workshops, housing provision, peer support and mentoring, leadership development, and English language tuition and interpreting. Over the years, we have developed and delivered a portfolio of projects that addresses the fundamental human rights of migrants in relation to livelihoods, shelter and safety, and health, family and social life. They include:

- Praxis Family Care (therapeutic peer support group for women with children who have been trafficked into the UK);
- Criminal Justice projects (we worked with women Foreign National Offenders in two women's prisons);
- Projects targeted at vulnerable migrant young people;
- Diaspora ChangeMakers (developing the entrepreneurial and leadership skills of individuals belonging to the African Diaspora); and
- Temporary Homes (providing access to safe temporary accommodation for homeless and destitute migrant individuals and families who are excluded from mainstream homelessness provision).

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>20</b>	<b>10</b>	<b>11</b>	<b>15</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Leased</b>	<b>Until year 2025</b>

## Summary of grant request

Praxis' open advice service provides immigration, housing and welfare advice to approximately 2000 migrants a year, of whom about 60% are women. Many of these women present with trafficking and/or gender-based violence histories, although this may not always be the main presenting issue at initial contact. A snapshot of Praxis services in the first half of this year shows 53 cases where gender-based violence or trafficking has been disclosed, suggesting that about 100 cases per annum, if not more, are coming through our open advice service. As demand on our advice services in general continues to increase and our core staffing capacity effectively decreases, it has been a concern of Praxis for some time that we do not have the capacity to provide a dedicated specialist gender-sensitive advice, casework and support service to this extremely vulnerable client group, whose needs are often complex, time-consuming and resource-intensive. We know that support services on offer elsewhere for this group are also rapidly dwindling.

We seek funding to dedicate a specialist project worker to providing one-to-one advice, casework and support to London-based migrant & refugee women clients who have experienced trafficking and/or gender-based violence, including domestic violence and exploitation, sexual violence and rape, female genital mutilation, forced prostitution, forced marriage and honour-based crimes. The project aims to help women leave violent/dangerous/exploitative situations, feel less incapacitated by the effects of their experiences and begin the process of recovery, and provide them with the advice, information and support they need to move toward informed and independent choices. The project will also ensure that those with the complication of an immigration issue on top of their experiences of trafficking and/or gender-based violence will gain good quality specialist advice towards resolving their immigration/legal situation, accessing appropriate services and increasing the understanding of their rights. Additionally, the project worker will spend one day a week providing outreach support to migrant women due to be released from prison into the London area and will promote the service with London probation agencies.

Through our work with vulnerable migrant women, Praxis has developed a reputation as an organisation where migrant women feel safe and will be heard. Our holistic and joined-up approach recognises that support often needs to be provided on several fronts -- e.g. emotional, social, therapeutic, and legal - at once. We have key resources in place including access to safe emergency accommodation and hardship grants, an on-site primary healthcare clinic, and networks of referral agencies. We have expertise in working with migrants caught up in the criminal justice system and long-standing partnerships with criminal justice agencies. What we now need is a dedicated specialist caseworker whom these vulnerable women clients can trust, and who has a strong awareness of gender issues and good knowledge of counselling and support networks.

Praxis runs quarterly forums for service-users to feed into services and discuss our future strategies. This project's service-users will be encouraged to attend. We will also undertake snapshot feedback surveys and interviews. We have 2 migrant community representatives on our 11-strong board of trustees.

Our ethos is one of inclusion and valuing diversity; our mission statement speaks of our 'common humanity' while our equalities policy recognises the importance of diversity.

We have a long history of working with and developing the skills of volunteers, many of whom have gone on to become staff members. We have a clear volunteering policy and provide induction, training and regular supervisions with a dedicated staff team member.

We have an Environmental/Sustainability policy. We aim to reduce use of resources including paper, water, energy and transportation, and to incorporate environmental factors into our decision-making.

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Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

**Advice Quality Standard Mark, ISO 9001, Investors in People, Mentoring & Befriending Network Approved Providers Standard, Institute of Translation and Interpreting**

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**1:1 specialist advice, casework and support for London-based migrant and refugee women who have experienced trafficking and/or gender-based violence (which could include support to leave violent/dangerous/exploitative situations, financial help, support accessing health services and treatment, support accessing safe accommodation, criminal and immigration-related legal advice, specialist counselling, education, employment opportunities, etc.)**

**Outgoing referrals, where appropriate, to sources of local support, other resources like women's groups, solicitors providing good legal support and emergency accommodation**

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**Migrant women, who have experienced trafficking and/or gender based violence, have improved emotional health and well-being by finding solutions to urgent problems including homelessness, destitution, being in violent/dangerous/exploitative situations and child safety (for those with children)**

**Migrant women, who have experienced trafficking and/or gender based violence, have a better understanding of their rights and entitlements, and are better able to access appropriate services**

**Migrant women, who have experienced trafficking and/or gender based violence, achieve greater stability and security in their home lives by moving from being homeless to having safe and secure accommodation**

**Migrant women, who have experienced trafficking and/or gender based violence, have improved confidence, reduced isolation and are able to begin to integrate into wider UK society**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**We will act on the client feedback and external evaluation provided throughout the project to improve it. By evidencing the impact of our work during the course of the project, we will develop an action plan to seek and secure follow-on funding from an alternative funder to continue the work.**

## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year?

**150**

In which Greater London borough(s) or areas of London will your beneficiaries live?

**London-wide (100%)**

What age group(s) will benefit?

**All ages**

What gender will beneficiaries be?

**All**

What will the ethnic grouping(s) of the beneficiaries be?

**A range of ethnic groups**

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

**1-10%**

See Appendix A →

## Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary (with on-costs) for 1 full-time project worker	31,107	32,825	34,003	97,935
Recruitment	2,000	0	0	2,000
Interpreting	3,938	3,938	3,938	11,813
Staff training	1,500	1,500	1,500	4,500
Staff travel costs	250	250	250	750
External evaluation	0	0	6,000	6,000
Volunteers' expenses	2,000	2,000	2,000	6,000
Contribution to overheads	8,601	8,681	9,824	27,108
	0	0	0	0
<b>TOTAL:</b>	<b>49,396</b>	<b>49,194</b>	<b>57,515</b>	<b>156,105</b>

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
	0	0	0	0
<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary (with on-costs) for 1 full-time project worker	31,107	32,825	46,594	97,935
Recruitment	2,000	0	0	2,000
Interpreting	3,938	3,938	3,938	11,813
Staff training	1,500	1,500	1,500	4,500
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## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>March</b>	Year: <b>2014</b>
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Income received from:	£
Voluntary income	15,438
Activities for generating funds	5,444
Investment income	2,313
Income from charitable activities	1,281,305
Other sources	0
<b>Total Income:</b>	<b>1,304,500</b>

Expenditure:	£
Charitable activities	1,359,862
Governance costs	20,489
Cost of generating funds	0
Other	43,596
<b>Total Expenditure:</b>	<b>1,423,947</b>
<b>Net (deficit)/surplus:</b>	<b>-119,447</b>
<b>Other Recognised Gains/(Losses):</b>	<b>0</b>
<b>Net Movement in Funds:</b>	<b>-119,447</b>

Asset position at year end	£
Fixed assets	7,678
Investments	50,000
Net current assets	281,222
Long-term liabilities	0
<b>*Total Assets (A):</b>	<b>338,899</b>

Reserves at year end	£
Restricted funds	95,830
Endowment Funds	0
Unrestricted funds	243,069
<b>*Total Reserves (B):</b>	<b>338,899</b>

**\* Please note that total Assets (A) and Total Reserves (B) should be the same.**

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources?  
21-30%

### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

-Praxis Enterprises (a Community Interest Company), a wholly owned subsidiary of Praxis Community Projects, is established to provide an innovative English language learning system called the Language Gym from June 2014.

## Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	139,247	103,577	71,705
London Councils	0	0	0
Health Authorities	340,868	345,363	335,350
Central Government departments	49,100	181,939	221,040
Other statutory bodies	0	0	0

## Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Rayne Foundation	100,000	100,000	100,000
Big Lottery Reaching Communities	290,465	82,597	0
Paul Hamlyn Foundation	0	60,000	60,000
Trust for London	50,000	50,000	50,000
BBC Children in Need	33,340	39,566	40,235

## Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Sally Daghlian**

Role within                      **Chief Executive**  
Organisation:



## Appendix A

### Funding required for the project (Revised)

Revised figures submitted to include full cost recovery.  
Year 3 Salary requested amended due to incorrect figure.

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<b>TOTAL:</b>	<b>57,509</b>	<b>58,119</b>	<b>66,018</b>	<b>181,646</b>

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